



The Young Shakespeareans

WORKSHOP 1- LESSON PLAN (120 minutes)

TEACHER SHEETS – “What’s the Order” Quiz Answer Key

STUDENT HANDOUTS – Ground Rules; Tongue Twisters; AMND Synopsis; “What’s the Order” Quiz; Epilogue; Themes; Exploration of Human Nature; What Do You Think?; Biography; Fun Facts about Shakespeare’s Life & Times

“HAIL SHAKESPEAREANS”: (1 minute) **FOCUS: Company & Confidence Building**

Call & Repeat - SLOWLY, CLEARLY, LOUDLY, PROUDLY with Big “Royal” Gesture
“Hail Shakespeareans – If I can do Shakespeare, I can do anything!”

“WELCOME”: (3 minutes) **FOCUS: Introducing Oneself Properly** - SLOWLY, CLEARLY, LOUDLY

Alison welcomes students to Program;
Teaching Artists + Students introduce themselves.

“GROUND RULES”: (3 minutes) **FOCUS: Commitment & Company Building**

Handout – Ground Rules
Read Aloud & have each Student sign & date

“HERE I AM”: (2 minutes) **FOCUS: Self-Respect, Self-Presentation, Physical Readiness**

Check/Adjust each individual student during this exercise.

Posture: Stand with Feet Hip-Width Apart and Parallel,
Knees Slightly Bent; Hips over Feet; C
Chest Up and Open; Neck Straight & Tall (not Craned);
Arms Loosely at Sides (Open not Crossed, No Hands in Pockets);
Head High (Attentive Gaze Straight Ahead).

“YOU ARE YOUR INSTRUMENT”: (10 minutes) – Teachers lead, Students follow

Handout – Tongue Twisters

Physical – (2 minutes) FOCUS: Wake Up and Prepare the Body

Stance, Alignment, Stretches, Twists, Isolation

Breath – (1 minutes) FOCUS: Use Belly & Diaphragm to Project

Ha, ha, ha/Hee, hee, hee/Ho, ho, ho/Whooo

Repeat Easily and Forcefully

Vocal – (7 minutes) FOCUS: Parts of Mouth, Throat, Voicebox

used to Articulate “The lips, the teeth, the tip of the tongue”

SLOWLY, CLEARLY, LOUDLY

Vowels: A(AH)/E(AY)/I(EE)/O(OH)/U(OO)

Opening & Closing Consonants: Bib, Church, Dead, Gag, Kick, Lull, Mam, Nun,
Pop, Roar, Sass, Tot, Wow, Yay

Voice and Unvoiced Consonants: Tuh/Duh, Kuh/Guh, Puh/Buh, Suh/Zuh, Fuh/Vuh

Tongue Twisters: Students Select 1 Tongue Twister to work on



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“SIMON SAYETH”: (6 minutes) FOCUS: Concentration, Sustained Attention

Leader makes a Physical Motion – Group Follows
Increase Pace and Subtlety of Motion as Game Progresses

“I AM NOT MY CIRCUMSTANCE”: (2 minutes) Meditation FOCUS: Relaxation, Self-Control

Sit with eyes closed/breathe in through the nose, out through the mouth;
Allow air into the body for three counts, Pause at top of breath for three counts;
Let air out of the body for three counts, Pause at bottom of breath for three counts;
Repeat three times.

“ALL ABOUT THE PLAY”: (25 minutes) FOCUS: Discuss Characters, Plot (Events), Themes

Handouts - Synopsis of Play; “What’s the Order?” Quiz; Themes

Dramatic Reading of Synopsis

Students Complete “What’s the Order” Quiz as a Group or in Teams

Group discussion about the Themes explored in the Play.

BREAK – (5 minutes) Bathroom & Water Break

PRODUCTION DESIGN: (60 minutes / 20 minutes each)

INTRODUCTION TO SCENIC DESIGN

INTRODUCTION TO COSTUMES/PROPS DESIGN

INTRODUCTION TO SOUND/MUSIC/SFX DESIGN

OFFER ADDITIONAL READING: (3 minutes)

Handouts – “What Do You Think?”, “Exploration of Human Nature”, “Biography”; “Fun Facts about Shakespeare’s Life & Times”

CLOSING: “HAIL SHAKESPEAREANS”– If I can do Shakespeare, I can do anything!” (1 minute)