



The Young Shakespearians

WORKSHOP 4 - LESSON PLAN (120 minutes)

HANDOUTS – The Beat Goes On, Basic Acting 101, Character Monologues, Archetypes+Character Traits

“HAIL SHAKESPEAREANS”: (1 minute) **FOCUS: Company & Confidence Building**

Call & Repeat - SLOWLY, CLEARLY, LOUDLY, PROUDLY with Big “Royal” Gesture

“Hail Shakespearians – If I can do Shakespeare, I can do anything!”

“HERE I AM”: (2 minutes) **FOCUS: Self-Respect, Self-Presentation, Physical Readiness**

Check/Adjust each individual student during this exercise.

Posture: Stand with Feet Hip-Width Apart and Parallel,

Knees Slightly Bent; Hips over Feet; C

Chest Up and Open; Neck Straight & Tall (not Craned);

Arms Loosely at Sides (Open not Crossed, No Hands in Pockets);

Head High (Attentive Gaze Straight Ahead).

“YOU ARE YOUR INSTRUMENT”: (10 minutes) – Teachers lead, Students follow

Handout – Tongue Twisters

Physical – (2 minutes) FOCUS: Wake Up and Prepare the Body

Stance, Alignment, Stretches, Twists, Isolation

Breath – (1 minutes) FOCUS: Use Belly & Diaphragm to Project

Ha, ha, ha/Hee, hee, hee/Ho, ho, ho/Whooo

Repeat Easily and Forcefully

Vocal – (7 minutes) FOCUS: Parts of Mouth, Throat, Voicebox

used to Articulate “The lips, the teeth, the tip of the tongue”

SLOWLY, CLEARLY, LOUDLY

Vowels: A(AH)/E(AI)/I(EE)/O(OH)/U(OO)

Opening & Closing Consonants: Bib, Church, Dead, Gag, Kick, Lull, Mam, Nun,

Pop, Roar, Sass, Tot, Wow, Yay

Voice and Unvoiced Consonants: Tuh/Duh, Kuh/Guh, Puh/Buh, Suh/Zuh, Fuh/Vuh

Tongue Twisters: Students Select 1 Tongue Twister to work on

“SIMON SAYETH”: (6 minutes) **FOCUS: Concentration, Sustained Attention**

Leader makes a Physical Motion – Group Follows

Increase Pace and Subtlety of Motion as Game Progresses

“I AM NOT MY CIRCUMSTANCE”: (2 minutes) **Meditation FOCUS: Relaxation, Self-Control**

Sit with eyes closed/breathe in through the nose, out through the mouth;

Allow air into the body for three counts, Pause at top of breath for three counts;

Let air out of the body for three counts, Pause at bottom of breath for three counts;

Repeat three times.

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“If I Can Do Shakespeare, I Can Do Anything!”

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The Young Shakespeareans

“THE BEAT GOES ON!” – (20 minutes) FOCUS: Text Analysis, Communication, Expressing Emotion

Handout – The Beat Goes On, Character Monologues

Review Handout as a Group

Refer to Character Monologues – Choose a Monologue to breakdown with the Group

BREAK – (5 minutes) Bathroom & Water Break

“BASIC ACTING 101”- (20 minutes) FOCUS: Text/Character/Social Analysis, Emotional Awareness

Handout – Basic Acting 101 (with Example), Character Monologues

Review Handout as a Group

Refer to Character Monologues – Choose a Monologue to breakdown with the Group

“WHO’S WHO?” (35 minutes) FOCUS: SYNTHESIS, APPLICATION OF METHODS

Handout – Character Monologues

Each Student recites a Character Monologue, focusing on Scansion, Operative Words, Poetic Devices, Four States, Archetypes+Character Traits, The Beat Goes On, Basic Acting 101

“WHAT AM I GOING TO DO?” (20 minutes) FOCUS: ASSESSING STRENGTH (Self), RISK-TAKING

Choosing Roles + Scenes – Review possibilities with each Student

CLOSING: “HAIL SHAKESPEAREANS”- If I can do Shakespeare, I can do anything!” (1 minute)